

# RULES OF PLAY



**BLOCKING** - A block will not count as the first team contact in 3,4 or 6 person events. **(counts as 1st contact in doubles events only)**

**CO-ED RULE** - Co-Ed or "Girl Rule". **SIX PERSON ONLY** - If a ball is contacted more than once on a side before it goes over the net, one of those contacts must be by a female. It does not matter in which order a girl contacts the ball as long as 1 of the 3 contacts is by a girl. Co-Ed rule is not applicable for doubles, triples or fours.

**DOUBLE CONTACT** - A 'double contact' is allowed on any first ball over the net as long as it occurs on a single attempt to play the ball AND the ball is not held, carried, or thrown.

**DON'T BE LATE** - If you are late we **WILL NOT WAIT** - you will forfeit your sets at 5 minute increments. If you are missing players you may play with the players who are there providing you do not have more males than females (for co-ed events). *For leagues you may utilize a player from another team providing your opponent doesn't object.* Forfeits greatly disrupt play and spoil the experience for the other teams. This must be avoided at all costs. In the event any team forfeits a set, QCVolleyball officials reserve the right to take any action they deem necessary or appropriate to maximize the experience for the teams which have *not* forfeited. This includes, but is not limited to, expelling teams that forfeit any game from all or part of the remainder of the event; rescheduling games; admitting replacement teams; or reassigning teams to different brackets/divisions.

**HAND SETS** - Whether a ball is intentionally or accidentally hand-set into the opponent's court, the ball's trajectory must be **PERPENDICULAR** to the player's shoulder line when the ball leaves the player's hands. . \* **Doubles, Triples & Fours formats in outdoor leagues and tournaments only!**

**HARD DRIVEN BALL** - this rule applies to **DOUBLES** competition only. Only hard driven balls are allowed to be played using an overhead setting motion or "beach dig". A "hard-driven ball" is a high-velocity ball hit by an opponent (jumping or standing) with a full arm swing. Anything else is **NOT** a hard-driven ball. (e.g. a serve or a deflection off a block is **NOT** a hard-driven ball; a roll shot by an opponent is **NOT** a hard-driven ball.)

**LINEUP** - Alternating positions of male / female at time of serve. Must have a minimum of 2 males and 2 females to start (unless other team agrees otherwise).

**MAKE-UP GAMES** - Canceled games (not forfeits) may be made up. See official for times or call QCVolleyball at 309-714-0685.

**NET** - **We know there are new net rules. We like the old ones, thank you.** You may not touch any part of the net **PERIOD**. It doesn't matter how the contact happened or if it was during a hitting motion. **YOU ARE NOT ALLOWED TO TOUCH THE NET.**

**OPEN HAND TIPS** - No open hand tips in doubles, triples, or fours competition.

**RALLY SCORING** - Point per play (or Rally) scoring will be utilized.

**REFFING** - Where referees are provided, they are in charge of the match. When players ref their own games, please call your own infractions. In cases of disputed calls - replay the point.

**SCORES** - Team Captains are responsible for recording match scores immediately on completion of your match. In events where we utilize referees, captains should verify scores with the ref at the completion of each match.

**SERVING** - Always rotate before serve. 5 seconds to serve outdoor - 8 seconds indoor. 1 release or toss of ball per serve attempt.

**SERVE RECEIVE** - Open-hand serve reception is **ALLOWED** (except in **DOUBLES** competition). Let serve rule is in effect. If the ball hits the top of the net and continues into the opponents' court on a serve, the ball is in play. **Rec Sixes Only:** Serve may be returned with overhand setting motion as long as it has upward trajectory. No blocking or attacking of the serve if the ball is completely above the height of the net.

**SPORTSMANSHIP** - Good sportsmanship is not only expected - it is required at all QCVolleyball events. Exhibitions of poor sportsmanship or inappropriate behavior will be dealt with accordingly, up to and including disqualification from an event. In severe or repetitive cases, a player may be banned from future QCVolleyball events for the remainder of the season.

**SUBS** - You may utilize subs however, if you intend to use a substitute player in tournament play, that sub must have played in at least 1 match during non-playoff competition.